

Patient Consent Form

In order for us to provide treatment for your condition(s) it is necessary for you to give your informed consent. This signed consent form applies only to treatments administered by Patrick Purdue, A.P., D.O.M. (licensed in Florida as an Acupuncture Physician, Lic. #AP760) or any other licensed healthcare provider working for Patrick Purdue.

Under Florida State Law, Chapter 457, such treatments may include, but not limited to, the following modalities (Note: In your individual case, it may not be appropriate to receive all the following, or any of the following, and any treatments will be discussed in advance.):

- (A) Acupuncture, which involves the insertion of very small in diameter, sterile, single use, stainless steel needles as approved for use by the FDA into classical acupuncture points, trigger points (areas of "congested muscle or muscle spasms") or other painful areas. These treatment sites will be determined by physical exam, including classical Traditional Chinese Medicine tongue and pulse diagnosis, palpation in which the physician touches areas of the patients concern to determine what may be occurring in the area, signs, and the patient's subjective symptoms.
- (B) Electrical stimulation or "e-stim," which involves the use of various electric devices such as TENS (Transcutaneous Electrical Nerve Stimulation), MENS (Microcurrent Electrical Nerve Stimulation), either attached directly to acupuncture needles, or used separately using electrical pads or wet towels.
- (C) Cupping which involves the use of suction cups around painful areas for the purpose of improving blood circulation in an area.
- (D) Dietary and lifestyle counseling. You may be asked, as part of a general treatment program, to make changes in your diet and/or to make alterations in lifestyle such as meditation for stress relief, physical exercise, and looking at ways to change stressful factors in your life.
- (E) Tui-na, which is physical therapy and manipulation in Traditional Chinese Medicine and may include techniques to adjust the spine and skeleton and massage-like techniques to relieve painful areas.
- (F) Heat therapy, which usually involves, but is not limited to, the use of infrared heat lamps.
- (G) Cold therapy or "cryotherapy," which involves the application of cold to an affected area.
- (H) Herbal medicine. In Traditional Chinese Medicine herbal medicine is extensively used either as single herbs or as a complex formula consisting of many herbs to treat internal medical conditions. Patrick Purdue has also studied herbal medicine from a Western herbal medicine tradition (such traditions include Native American, European, traditional, and other Western medical systems), and utilizes herbs from North and South America and Europe as well as Asia.

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- (I) Nutritional Supplements. These would include well-known vitamins and minerals as well as nutrients not commonly known.
- (J) Homeopathic medicine. Homeopathy is a German medical system that is extensively used by doctors of all medical backgrounds throughout the world. Homeopathic medicines are FDA regulated, and have to meet the standards of the U.S. Homeopathic Pharmacopoeia.
- (K) Acupoint Injection Therapy. The State of Florida Board of Acupuncture has approved the right of Acupuncture Physicians who meet the Board's training criteria to inject homeopathic substances, nutrients (such as B-12), and herbal medicines, where appropriate, to treat a wide variety of conditions from pain to internal medical problems. Patrick Purdue has met and exceeded the Board's requirements for Acupoint Injection Therapy including additional certification in prolotherapy which involves the injection of diluted sterile dextrose and vitamin B-12 into weak ligaments and tendons with the therapeutic goal of strengthening them. These solutions are nontoxic.
- (L) Low Level Laser Therapy (also known as "cold laser"). This is a type therapeutic laser that is not strong enough to burn or cut tissue. It has been approved by the FDA for the treatment of carpal tunnel syndrome and other painful conditions. For these other conditions not yet approved by the FDA for treatment by Low Level Laser Therapy, Patrick Purdue is a member of a peer-review Independent Investigational Review Board per FDA regulations, and laser used for these other conditions will require a separate, additional signed informed consent form.

As part of an office visit, Patrick Purdue may find it necessary to perform a physical exam. Such exam may include the Traditional Chinese Medicine techniques of pulse and tongue diagnosis, visual examination and observation, and palpation (examining and exploring an area by touching). When examining a female patient, where, with the patient's permission, observation and palpation may involve the breasts or genital areas, a female assistant will be present.

All patient medical information is private. No copies of records, or details or information of any patient will be provided to anyone without the patient's signed consent for the release of such records or information.

I understand all the above information Any questions or confusions have been answered by either Patrick Purdue or one of his employees to my satisfaction. I understand that I may not receive treatment until I understand this consent form and have signed it.

Patient's Name (Print)

Patient's Signature (Note. Parent's Signature is required if patient is under 18 years old)

Today's Date _____